



## CLINIC INFORMATION

Contact - JP or Jennifer  
Weber

Academy & Player  
Development Programs  
Check us out on the web  
at:  
[www.tennisdynamics.net](http://www.tennisdynamics.net)  
770-919-8602



151 Manning Rd., Marietta, GA. 30064

# QUICKSTART CLASSES

## SCHOOL YEAR SCHEDULE

**MONDAYS, TUESDAYS, WEDNESDAYS**  
**4:00 PM - 4:45 PM**

**SUMMER SCHEDULE: FEEDS DIRECTLY INTO THE  
FUTURE STARS SUMMER CAMP.**

**9:00 A.M. - 10:30 A.M MONDAY - THURSDAY**

**THE NEXT MOVE WOULD BE TO FUTURE STARS FOR  
THE SCHOOL YEAR or the QuickStart Development class.**

## NO INITIATION FEE

**PRICE - 6 WEEKS \$90.00**

1, 2 or 3 DAY OPTION

- Drop in \$25.00 per session
- Fees are nonrefundable.
- Full payment is required at the beginning of each session.
- There will be no class on July 4th, Memorial Day, Labor Day, Halloween, Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve and New Year's Day.
- Coaches will change the participant's class if they are enrolled in a clinic that is not suitable for their level. We often see players progress and need to move to the next level.

## **QUICKSTART CLASSES**

**We begin teaching the children with smaller racquets and balls that are less compressed and allow them to progress and set the pace of their development. Our ultimate goal is to have the children advance to the point they can enter our regular junior development programs. The six week programs are designed for children 8 and under who want to learn the game of tennis and might not be ready to commit to the regular regime of a junior developmental program. The goal is to prepare children for the regular junior development programs.**

- **QuickStart White – for the intermediate level children.**
- **QuickStart Blue – for pure beginners.**
- **QuickStart classes meet Monday, Tuesday, Wednesday at 4:00 p.m. until 4:45 p.m.**

### **Key Skills Include:**

**Rolling a ball with a racquet along the ground in different directions.**

**Catching and throwing a ball.**

**Dropping and catching the tennis ball in a variety of fashions.**

**Drop a ball and feed it over the net.**

**Dribble the ball a variety of ways and up to 100 times in a row.**

**Progressive rallies - Bump a ball, over line, over alley, over distance, and over net.**

**Bumping balls with alternating sides of the racquet.**

**Hit balls fed to the strike zone with a "knees to the trees" swing path!**

**Simple agility drills for footwork awareness and coordination.**

**Learn basic movement to and from the ball.**